

Do you need someone to speak up for you?



An advocate is someone who could speak up for you if you are being treated unfairly or if you are not getting the help you need.



An advocate will try to make sure that you are treated with respect.



They may help you achieve your goals.



If you wish, an advocate might also help you access community activities.



This would be a freely given, hopefully long term, **one-to-one** relationship.



**CITIZEN ADVOCACY
PERTH WEST**
is funded by the Australian
Government through the
Department of Social Services

How does it work?



Step 1

We find people with disability who need assistance.



Step 2

We talk to you to learn what sort of person would be best to assist you.



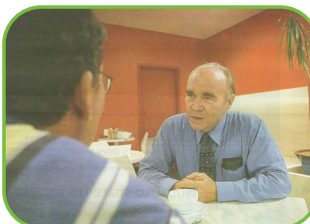
Step 3

We find the right person to be your advocate and assist you.



Step 4

We introduce you to your advocate / friend.



Step 5

Together you and your advocate make your life better.

YOU ARE IMPORTANT !



If you (or someone you know with intellectual disability) needs assistance with a problem, we may be able to find a citizen advocate to help.



**CITIZEN
ADVOCACY
PERTH WEST**

**CITIZEN ADVOCACY
PERTH WEST (Inc)**

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Citizen Advocacy

is dedicated to promoting
equality and **justice**
for people with intellectual disability.




Each relationship is unique and special.
There is no cost to you because citizen advocates
are not paid — they give their time freely.


All citizen advocates are carefully selected by
the Citizen Advocacy office; they offer ongoing
support and information to a person
with disability.

 Chris helped Jane to
search and find Jane's
long lost family.







 John helped Michael
find a home of his own.



 Sue helped to make
sure that Jen was not
taken advantage of
with money matters.



Some examples of advocacy are:

-  Talking to people to protect your interest
and welfare.
-  Making sure that your right to make choices
and decisions is recognised, encouraged
and developed.
-  Acting as your guide or mentor if you have
any difficulties or challenges in your life.
-  Introducing you to new experiences, people
and events in your community.

Please contact the office:

 9445 9991

 admin@capw.org.au

and we will be happy to answer your
questions or send you more information.



one-to-one